



Eastern Hills Anglicans

- CAMP HILL & NORMAN PARK -

Songs, Readings & Community Information

Sunday 3 June 2007

Festival of the Most Holy Trinity

Welcome as we gather to celebrate the Festival of the Holy and Life-giving Trinity. To think about the Trinity as a mathematical problem 'one in three and three in one' is to go down the wrong track and end up with a sterile understanding that is certainly not life-giving.

The teaching about the Trinity is based first on the experience of God's activity in the world, especially in the life of our Lord and the activity of the Holy Spirit – from the experience then comes the desire to understand, explain and teach.

Certainly one aspect is vital – that God as Trinity is the Divine Community. The Church, as the People of God, is the new human community in the image and likeness of the Divine Community. This is not of our doing, but is a gift from God, through the life of Christ and the work of the Spirit.

So everything we do to build in our parish is about building up that gift of community, so we can echo the words of scripture, 'We who are many are one body, for we all share in the one bread'.

Community and connectedness is a problem for our society. In a media release from our parish we state;

The pace of life, the demands of the workplace, and a constant barrage of negative news is having a detrimental impact. The first casualties are our local communities. In addition People move regularly, and find themselves dislocated from their friends and family. Our parish area is regenerating with more and more young families coming to the community. We want provide a community space where children, adults and families can meet, and connect. Strong relationships are a key ingredient to strong local communities”.

What is our mission? It is staring us in the face and the answer comes from god's gift to us of the divine Community.

Last Week's Meeting of the Parish's Young Adults

Kathryn Casey, Judi Castillo Anna Mullins with Fr Martyn and Damien Colbert met to discuss a way forward for building up a Young Adults group for the parish. The Emmaus structure that we heard about will be helpful in developing the dimensions of faith and spirituality for that group. However, they wish to do more for the parish and the local community. One simple way is to offer a programme for good health and wellbeing in the 10,000 Steps programme. Below is an article about that programme to help understand it.

Something we know. Physical activity is good for you...

Something else we know; Less than half of the Australian adult population accumulate enough physical activity to get the health benefits that are there for the taking.

It is a physics problem really. Newton stated it best in his first law of motion; 'a body at rest tends to stay at rest... unless acted upon by an unbalanced force'. 10,000 Steps is trying to be that unbalanced force. It is a project squarely aimed at helping to overcome the inertia that all of us experience when it comes to increasing our level of activity.

10,000 Steps is a health promotion project, funded by Queensland Health, with the specific goal of increasing health-related physical activity in the Australian adult population. Why the concentration on physical activity? Well, first of all, it is one of the most effective 'medicines' on the market today. Secondly, we are suffering from our technology, for often it is the 'mod cons' that have placed us firmly on the seat of our pants, reducing our levels of activity, and developing the need for an unbalanced force to get us moving once more.

Our goals are simple; to get people to develop a habit of self-propulsion. The easiest, most accessible way to move is to walk. The target is 10,000 steps a day, which, in its simplest form, is equivalent to about a thirty-minute daily walk in addition one's daily routine activities.

In the meant time please take the advice of Charles Dickens, who said "The sum of the whole is this: walk and be happy; walk and be healthy. The best way to lengthen out our days is to walk steadily and with a purpose." Article by Professor Kerry Mummery Central Queensland University



More information will follow as this parish programme unfolds

Cathedral's Loaves & Fishes Lunch Thursday 28 June

If you are planning to go to this annual event be warned that the Cathedral car park will be closed because of building Father, for this week could you please include

TODAY Assisting at the PA Hospital

Val al Burton would like to remind you of our turn to help at the PA Hospital 9.30am Sunday 3 June.

Baptism of Lachlan Michael Colbert

Invitation to all Parishioners to come to the Baptism of Lachlan Michael Colbert 10am Saturday 16 June at the Norman Park Church. Refreshments afterwards. RSVP by Sat 9 June 3398 6680 – Please no needs for gifts – (except Rio Tinto shares)

Coming Up

Working Bees for the Parish

1. Camp Hill 7.30am Saturday 23 June & BBQ Breakfast.

To clear the area in front of the church for a new sign when our 'trade' name logo receive final approval, & clear the scrub behind the Parish hall.

2. Norman Park Working Bee 7.00am Saturday 7 July

To clean up the grounds for the Parish Fair.



Julian Meetings. Tuesday 5 & 19 June
At the Norman Park Church

Julian Meetings Special: The Meaning of Ikons, Prayer in Paint

Fr Martyn will be giving a power point presentation on the meaning and use of ikons in prayer and worship.

7.30pm Tuesday 31 July at Norman Park

Next Bible Study 7.30pm Tuesday 12 June

At the home of John Wood Unit 6, 134 Wynnum Rd, Norman Pk.

Adult Christian Education 'This is our Faith'

7.30pm Tuesday 24 July at Norman Park Church. No meeting in June. In preparation please read pages 51-55 of "This is our Faith"

Parish Heritage Fair Saturday 14 July **Six Weeks to Go!**

1. Donations. If you are unable to help in any way you might like to consider a donation towards purchasing food and other items for sale and for organising of the fair. Place any donations in an envelope and indicate outside your name and 'donation for the fair.' Thanks to those who have already generously donated

2. Stall Holders Letters Janelle Read has written to every stall holder on what needs to happen with your stall – please make sure you have read this and have started to implement and organise what you need to do.

3. John Boadle has read his letter and asks for Quality Trash & Treasure for his stall.

4 Needed: Portashades; red & blue balloons; clean plastic shopping bags; rolls of sticky tape; packets of clear cellophane; decorating ribbons; any non-perishable baking ingredients. These items can be placed in the Fair donation boxes located in the churches

5 Also books, home wares, bric-a-brac, toys)

6. Order forms for Pie & Cake drive now available.

Orders & payment to Robyn Casey or Janelle Read by the Sunday 10th June. Funds raised will help with the purchase of food for the Fair.

Next Week's Readings

10 June 2007: Festival of Corpus Christi

Reading I: Genesis 14:18-20

Reading II: 1 Corinthians 11:23-26

Responsorial Psalm: Psalm 110

Gospel: Luke 9: 11b-17

NEW Contact Details



Eastern Hills Anglicans

-CAMP HILL & NORMAN PARK-

www.easternhillsanglicans.com.au

rector@easternhillsanglicans.com.au

0418 177 785, (07) 3398-5944

FAX, (07) 3398-3890