

## ***The Meaning of Lent***

The Season of Lent was evolved in the life of the Early Church to prepare candidates for Baptism at Easter. This was done to make clear the vital link between Baptism as the initiation into the life-giving death of Jesus.

It was also the time to reconcile those who had become separated from the life of the Church by their failure and mistakes to live out the Christian life. During Lent these penitents prepared themselves to renew the baptismal promises they had broken and be restored to the Eucharistic life of the Church.

In this way, the whole People of God were reminded of the need of all to live their lives in the gift of forgiveness that comes from Christ and to constantly to renew their faith. Together, the candidates, the penitents and the faithful were bound together in a common shared pilgrimage to Easter: A journey of renewal, restoration and fresh beginnings.

From this tradition have emerged the themes of Lent:

*Study and pray the scriptures.*

*Renew personal prayer life.*

*Seeking God's forgiveness for past failings and mistakes*

*Renew a commitment to the worship  
of the Church community.*

Your Parish offers a variety of resources for your annual Lenten Pilgrimage.

Lent begins with the Ash Wednesday ceremony of marking everyone with the ash on the forehead. From Biblical times the receiving of ashes is the sign of repentance and expresses the human condition as affected by sin. Without the life of Christ and the gift of the Holy Spirit our life is dust and ashes. "Ashing" outwardly expresses the desire for the mercy and compassion that comes from Christ – the Risen Christ of Easter.

## ***Resources for Lent***

### ***Ash Wednesday – The Beginning of Lent***

6 February Mass at Camp Hill: 7am, 10am,  
& 7.30pm with hymns

### ***LENT STUDY PROGRAMME: 'Gathered for Giving'***

**Tuesdays 7.30pm** at the Transfiguration Church at Norman Park  
*Beginning Tuesday 5 February*

**Thursdays 7.30pm** at St James' Church Coorparoo

**Fridays 8.30am** approx at St James' Coorparoo after the 8am mass,  
*Beginning Thursday 7 & Friday 9 February*

*Gathered for Giving Study Books \$10 each*

### ***Lent: Daily Bible Study***

For a gold coin donation you can have an easy-to-use Bible Study. The study is based on the daily gospel for the mass. Each study provides a background, an interpretation and a prayer. This is a simple discipline that provides fuel for the soul and for prayer. The study may also be found on our web webpage –[www.easternhillsanglicans.com.au](http://www.easternhillsanglicans.com.au) and click on 'Prayer'

### ***Lent: Daily Prayer of the Church***

This is a form of Morning and Evening Prayer for Lent. These can be used in conjunction with the Bible Study. These prayers, known as the 'Office' of the Church are a pattern of prayer, which when adopted, can become the backbone of a prayer life. Morning and Evening Prayer for the whole year are also available on our web page with a link with our Church in the UK. [www.easternhillsanglicans.com.au](http://www.easternhillsanglicans.com.au) click on 'Prayer'



### ***Lent: Meditation Julian Meetings***

***On the Second & Fourth Wednesdays  
of the Month starting 13 February***  
7.30pm at Norman Park

### ***Daily Guided Meditation on our Web Page***

[www.easternhillsanglicans.com.au](http://www.easternhillsanglicans.com.au) click on 'Prayer' and then 'Sacred Space'